

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Account#: \_\_\_\_\_

**CONSENT FOR CHEMOTHERAPY TREATMENT**

- 1.) I hereby authorize Daniel A. Patterson, MD and/or assistants as may be selected by him to administer treatment.
- 2.) The drugs to be used during treatment are: \_\_\_\_\_  
\_\_\_\_\_.
- 3.) Possible, but not inclusive, toxic effects of the above mentioned drugs are: nausea; vomiting; decreased platelet count and/or white blood cell count leading to increased risk of hemorrhage and/or infection; change in bowel habits, such as diarrhea or constipation; numbness or tingling in the hands and/or feet; possible body hair loss; tissue damage from leakage of the drug from the vein; anaphylaxis and/or allergic reaction.
- 4.) I have had explained to me alternative procedures other than chemotherapy that may be of benefit to me.
- 5.) I understand that on the basis of all available information that no results are guaranteed but that I may receive such benefits as tumor shrinkage.
- 6.) I have received an offer to answer any inquiries concerning the procedures involved.
- 7.) I understand that I am not required to enter this treatment plan and I am free to withdraw at any time.
- 8.) Patients in child-bearing years who have undergone chemotherapy may have altered ovarian or testicular function such that they are infertile. Patients on or who have received chemotherapy may also have changes in products of conception such as an abnormal fetus.

\_\_\_\_\_  
*Patient Signature/ Date*

\_\_\_\_\_  
*Witness /Date*

*You're Starting Chemo --- Your Next Steps*

*Within the next couple of weeks/days, you will be starting chemotherapy. There are a couple of things that need to be done.*

- **Port placement** – This is a device that is surgically implanted that you will receive your treatment through, a majority of our chemo patients will require one. If the doctor feels it is not necessary you will not get one. We will keep your ports flushed while you are on treatment and once a month when you are finished until your removal.
- **Scans / Testing / Referrals** – Some chemotherapy that you receive will require certain baseline scans and test and referrals to other physicians that **MUST** be done prior to you starting treatment. We will refer you and make any appointments necessary.
- **Insurance Authorization**- If you have a HMO plan, or an insurance that requires authorization one will be requested for you. The normal turn-around time is 3-5 days.
- **Chemotherapy Teaching** – You will meet with the doctor and staff to learn about your treatment medication and their side effects.
- **Copay-Assistance** – With some insurance plans the patient is responsible to pay 20% of all chemotherapy done in the office. If there is funding available our office will apply and submit claims on your behalf. Your financial information is required. You will be asked to bring 1 (one) of the following:
  - ☑ The first 2 pages of your income taxes
  - ☑ The letter from Social Security stating how much you will receive
  - ☑ Bank statement showing the direct deposit of your check

**\*\*\*\*Please note if you are married you need to provide your spouses also\*\*\*\***

- ✧ *There are different types of chemo for all cancer types, each person may have a different treatment regimen given in cycles. Most treatments are 1-3 days, weekly, bi-weekly, every 3 weeks, and monthly. You will be given a treatment calendar showing you your treatment schedule.*
- ✧ *You are always encouraged to tell us how you are tolerating your treatment and most importantly if you are experiencing any side effects.*
- ✧ *After your chemo you could be required to receive injections to build up your blood counts. These shots are given between 4-7 days in a row. They are required to build up your white blood cell count which fights off infections. The common side effects to these injections are bone pains, WBC are made in the bone marrow. To help with these side effects, you can take 2 Tylenol over the counter 30 mins prior to each shot.*
- ✧ *While you are on your treatment the doctor will schedule you for follow-up scans and testing to see how well you respond to treatment.*

**Your chemotherapy may be as short as 30 mins or as long as 6 hours, be prepared you may bring drinks and snacks to your appointment-especially if you are diabetic.**

**BEFORE YOUR TREATMENT:**

- ✓ Increase your fluid intake.
- Drink 8-10 glasses of water a day in addition to other beverages.
- Beverages containing caffeine may deplete your fluid reserves. Use caffeine in moderation
  
- ✓ Eat a light meal before coming for chemo
- Taking chemo on an empty stomach may increase nausea.
  
- ✓ Take all pre-medications as directed by the doctor.

**AFTER YOUR TREATMENT:**

- ✓ Continue to drink plenty of fluids, 8-10 glasses of water and juice.
- Orange juice may cause an acidic stomach
  
- ✓ Eat several small meals a day. (Be sure to include protein)
- Avoid foods that cause gas and heartburn.
  
- ✓ Continue to take all your previous medications unless the doctor tells you to HOLD any.

**NOTIFY DOCTOR IMMEDIATELY IF YOU HAVE ANY OF THE FOLLOWING:**

- NAUSEA, VOMITING, DIARRHEA
- TEMPERATURE OF 100.4 OR HIGHER
- NUMBNESS OR TINGLING IN YOUR HANDS OR FEET
- SORES IN YOUR MOUTH OR ON YOUR TONGUE
- PAIN OR SWELLING IN THE BACKS OF YOUR LEGS
- SHORTNESS OF BREATH OR PRODUCTIVE COUGH
- PAINFUL OR DIFFICULT SWALLOWING
- RASH ON FACE OR BODY
- FREQUENT HEARTBURN OR INDIGESTION
- SEVERE WEAKNESS OR FATIGUE
- UNCONTROLLED PAIN
- BLEEDING

*Most chemotherapy side effects can be managed, but your doctor must know about them. During office hours, call and ask to speak to the nurse. If side effects occur after office hours, call the office and the answering service tell them you are a CHEMO PATIENT and are sick and need to speak to the doctor.*

*We know that this can be a scary and difficult time for you and your family. We will be here along the way to help you and guide you through this process. Most patients will be on chemo for 6-8 months, see our lovely faces daily, and become part of our extended family. We will give you the utmost care possible. If you have any questions make sure you write them down and bring them on your next visit, and throughout your treatment. We know that you are going through a lot right now, and we are just going one day at a time, and we will continue to have you in our prayers.*

*Sincerely,  
Dr. Patterson and Staff.*